



## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>31</b> Penne Marinara & Meatball, WG Bread, Broccoli, Fresh Fruit <b>ALT:</b> Deep Dish Cheese Pizza, Fresh Broccoli, Fresh Fruit	<b>1</b> Pancakes, Scrambled Eggs, Maple Syrup, Cucumber Slices, Fresh Fruit <b>ALT:</b> Pancakes. Maple Syrup, Strawberry Banana Yogurt, Peas, Cucumber Slices, Fresh Fruit	<b>2</b> Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh fruit <b>ALT:</b> Potato & Cheese Pierogis Corn, Fresh Fruit	<b>3</b> Hot Turkey & Stuffing, Gravy on side, Green Beans, Fresh Fruit <b>ALT:</b> Cheese Ravioli w/Marinara, Strawberry Banana Yogurt, Spring Mix w/Light Italian Dressing, Fresh Fruit	<b>4</b> Chicken Sandwich, Mac & Cheese, Grape Tomatoes & Cucumbers, Fresh Fruit <b>ALT:</b> Pizza Crunchers, Tomato & Cucumbers, Fresh Fruit
<b>7</b> Meatloaf & Gravy, Mashed Potatoes, Broccoli, WG Bread, Fresh Fruit <b>ALT:</b> Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Broccoli, Fresh Fruit	<b>8</b> French Toast Sticks, Scrambled Eggs, Maple Syrup, Fresh Baby Carrots, Fresh Fruit <b>ALT:</b> French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Peas, Fresh Baby Carrots, Fresh Fruit	<b>9</b> Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh Fruit <b>ATL:</b> Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fresh Fruit	<b>10</b> Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Fresh Fruit <b>ALT:</b> Potato & Cheese Pierogis Vegetarian Baked Beans, Fresh Fruit	<b>11</b> Beef over Noodles, Romaine w/Light Italian Dressing, Tomato & Green Peppers, WG Bread, Fresh Fruit <b>ALT:</b> Pizza Crunchers, Romaine w/Light Italian Dressing, Tomato & Green Peppers, Fresh Fruit
<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
<b>21</b> Meatloaf & Gravy, Mashed Potatoes, Broccoli, WG Bread, Fresh Fruit <b>ALT:</b> Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Broccoli, Fresh Fruit	<b>22</b> French Toast Sticks, Scrambled Eggs, Maple Syrup, Fresh Baby Carrots, Fresh Fruit <b>ALT:</b> French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Peas, Fresh Baby Carrots, Fresh Fruit	<b>23</b> Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh Fruit <b>ALT:</b> Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fresh Fruit	<b>24</b> Hot Turkey & Stuffing, Gravy on side, Green Beans, Fresh Fruit <b>ALT:</b> Potato & Cheese Pierogis, Sliced Green Peppers, Fresh Fruit	<b>25</b> Chicken Sandwich, Mac & Cheese, Grape Tomatoes & Cucumbers, Fresh Fruit <b>ALT:</b> Pizza Crunchers, Romaine w/Light Italian Dressing, Tomato & Green Peppers, Fresh Fruit
<b>28</b> Penne Marinara & Meatball, WG Bread, Broccoli, Fresh Fruit <b>ALT:</b> Deep Dish Cheese Pizza, Broccoli, Fresh Fruit	<b>29</b> Pancakes, Scrambled Eggs, Maple Syrup, Cucumber Slices, Fresh Fruit <b>ALT:</b> Pancakes. Maple Syrup, Strawberry Banana Yogurt, Peas, Cucumber Slices, Fresh Fruit	<b>30</b> Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh fruit <b>ALT:</b> Potato & Cheese Pierogis Corn, Fresh Fruit	<b>All lunches include:</b> <i>Protein, Fruit, Vegetable, Grain, 1% White Milk or Fat Free Chocolate Milk</i>	<i>Lunches provided by:</i> <b>Getaway Café</b> 3049 Sussex Ave @ McNeilly 412-343-1333 Director of Dining Services: <b>Louis Manolios</b>