

NOVEMBER BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast includes: <i>Grains, Apple or Orange Juice, 1% White Milk or Fat Free Chocolate Milk</i>				1 Fruit Loops Cereal, Graham Crackers Apple Juice 1% White Milk
4 Frosted Flakes Cereal, Graham Crackers Orange Juice 1% White Milk	5 Breakfast Bar String Cheese, Apple Juice Choice of Milk	6 Apple Cinnamon Cheerios, Graham Crackers Orange Juice 1% White Milk	7 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	8 Fruit Loops Cereal, Graham Crackers Apple Juice 1% White Milk
11 Frosted Flakes Cereal, Graham Crackers Orange Juice 1% White Milk	12 Breakfast Bar String Cheese, Apple Juice Choice of Milk	13 Apple Cinnamon Cheerios, Graham Crackers Orange Juice 1% White Milk	14 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	15 Fruit Loops Cereal, Graham Crackers Apple Juice 1% White Milk
18 Frosted Flakes Cereal, Graham Crackers Orange Juice 1% White Milk	19 Breakfast Bar, String Cheese, Apple Juice Choice of Milk	20 Apple Cinnamon Cheerios, Graham Crackers Orange Juice 1% White Milk	21 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	22 Fruit Loops Cereal, Graham Crackers Apple Juice 1% White Milk
25 Frosted Flakes Cereal, Graham Crackers Orange Juice 1% White Milk	26 Breakfast Bar, String Cheese, Apple Juice Choice of Milk	27 Apple Cinnamon Cheerios, Graham Crackers Orange Juice 1% White Milk	28 No School	29 No School