


LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All lunches include: <i>Protein, Fruit, Vegetable, Grain, 1% White Milk or Fat Free Chocolate Milk</i></p> 	<p><i>Lunches provided by:</i> Getaway Café 3049 Sussex Ave @ McNeilly 412-343-1333 Director of Dining Services: Louis Manolios</p>		<p>Hot Turkey & Stuffing, Gravy on side, Green Beans, Fresh Fruit ALT: Potato & Cheese Pierogis, Sliced Green Peppers, Fresh Fruit</p>	<p>1 Chicken Sandwich, Mac & Cheese, Grape Tomatoes & Cucumbers, Fresh Fruit ALT: Pizza Crunchers, Tomato & Cucumbers, Fresh Fruit</p>
<p>3 Meatloaf & Gravy, Mashed Potatoes, Fresh Broccoli, WG Bread, Fresh Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Fresh Broccoli, Fresh Fruit</p>	<p>4 French Toast Sticks, Scrambled Eggs, Maple Syrup, Cucumbers Slices, Fresh Fruit ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, String Cheese, Cucumber Slices, Fresh Fruit</p>	<p>5 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fresh Fruit</p>	<p>6 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Fresh Fruit ALT: Potato & Cheese Pierogis Vegetarian Baked Beans, Fresh Fruit</p>	<p>7 Beefaroni, WG Bread, Romaine w/Light Italian Dressing, Tomato & Green Peppers, Fresh Fruit ALT: Pizza Crunchers, Romaine w/Light Italian Dressing, Tomato & Green Peppers, Fresh Fruit</p>
<p>10 Penne Marinara & Meatball, WG Bread, Fresh Broccoli, Fresh Fruit ALT: Deep Dish Cheese Pizza, Fresh Broccoli, Fresh Fruit</p>	<p>11 Pancakes, Scrambled Eggs, Maple Syrup, Cucumber Slices, Fresh Fruit ALT: Pancakes. Maple Syrup, Strawberry Banana Yogurt, String Cheese, Cucumber Slices, Fresh Fruit</p>	<p>12 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh fruit ALT: Potato & Cheese Pierogis Corn, Fresh Fruit</p>	<p>13 Hamburger on WG Bun Vegetarian Baked Beans, Romaine w/Light Italian Dressing, Fresh Fruit ALT: Cheese Ravioli w/Marinara , Strawberry Banana Yogurt, Spring Mix w/Light Italian Dressing, Fresh Fruit</p>	<p>14 Beef over Noodles, Romaine w/Light Italian Dressing, Tomato & Green Peppers, WG Bread, Fresh Fruit ALT: Pizza Crunchers, Romaine w/Light Italian Dressing, Tomato & Green Peppers, Fresh Fruit</p>
<p>17 NO SCHOOL</p>	<p>18 French Toast Sticks, Scrambled Eggs, Maple Syrup, Cucumbers Slices, Fresh Fruit ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, String Cheese, Cucumber Slices, Fresh Fruit</p>	<p>19 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fresh Fruit</p>	<p>20 Hot Turkey & Stuffing, Gravy on side, Green Beans, Fresh Fruit ALT: Potato & Cheese Pierogis, Sliced Green Peppers, Fresh Fruit</p>	<p>21 Chicken Sandwich, Mac & Cheese, Grape Tomatoes & Cucumbers, Fresh Fruit ALT: Pizza Crunchers, Romaine w/Light Italian Dressing, Tomato & Green Peppers, Fresh Fruit</p>
<p>24 Penne Marinara & Meatball, WG Bread, Fresh Broccoli, Fresh Fruit ALT: Deep Dish Cheese Pizza, Fresh Broccoli, Fresh Fruit</p>	<p>25 Pancakes, Scrambled Eggs, Maple Syrup, Cucumber Slices, Fresh Fruit ALT: Pancakes. Maple Syrup, Strawberry Banana Yogurt, String Cheese, Cucumber Slices, Fresh Fruit</p>	<p>26 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fresh fruit ALT: Potato & Cheese Pierogis Corn, Fresh Fruit</p>	<p>27 Hamburger on WG Bun Vegetarian Baked Beans, Fresh Fruit ALT: Cheese Ravioli w/Marinara , Strawberry Banana Yogurt, Spring Mix w/Light Italian Dressing, Fresh Fruit</p>	<p>28 Early Dismissal NO LUNCH</p>