## Young Scholars of Western PA Charter School LUNCH

## April 2015

LUNCH				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 No School	No School	No School
6 Chicken Parmesan, WG Bread, Green Beans, Fruit ALT: Deep Dish Cheese Pizza, Green Beans, Fruit	7 French Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	8 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Penne Pasta w/Marinara String Cheese, Corn, WG Bread, Fruit	Hamburger on WG Bun Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Grilled Cheese on WG, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit	10 Meatball Sub, Au Gratin Potatoes, Fruit ALT: Pizza Crunchers, Au Gratin Potatoes, Fruit
13 Baked Chicken Strips & Gravy, Green Beans, WG Bread, Fruit ALT: Broccoli, Cheese & Rice Casserole, WG Bread, Fruit	14 French Toast Sticks, hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	Baked Chicken Nuggets, Waffle Fries, Corn, Graham Crackers, Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit	16 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Salad w/Light Italian Dressing, Fruit	17 Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers, Steamed Mixed Veggies, Fruit
20 Chicken Stir Fry, Steamed Rice, WG Roll, Fresh Fruit ALT: Deep Dish Cheese Pizza, Green Beans, Fruit	Prench Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Corn, Fruit	Hamburger on WG Bun Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Stuffed Shells w Ricotta Cheese & Marinara, Salad w/Light Italian Dressing, Fruit	24  Meatball Sub, Au Gratin Potatoes, Fruit ALT: Pizza Crunchers, Au Gratin Potatoes, Fruit
27 Chicken Parmesan, WG Bread, Green Beans, Fruit ALT: Broccoli, Cheese & Rice Casserole, WG Bread, Fruit	28 French Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	29 Baked Chicken Nuggets, Waffle Fries, Corn, Graham Crackers, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Corn, Fruit	30 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Grilled Cheese on WG, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit	Lunches provided by: Getaway Café 3049 Sussex Ave @ McNeilly 412-343-1333 Director of Catering Services: Louis Manolios