## Young Scholars of Western PA Charter School

## December 2014

Monday Tuesday Wednesday Thursday Friday			
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Prench Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	3 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit	4 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Salad w/Light Italian Dressing, Fruit	Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers, Steamed Mixed Veggies, Fruit
French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit	11 Hamburger on WG Bun Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Stuffed Shells w Ricotta Cheese & Marinara, Salad w/Light Italian Dressing, Fruit	12 Meatball Sub, Au Gratin Potatoes, Fruit ALT: Pizza Crunchers, Au Gratin Potatoes, Fruit
French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	Baked Chicken Nuggets, Waffle Fries, Corn, Graham Crackers, Fruit ALT: Penne Pasta w/Marinara String Cheese, Corn, WG Bread, Fruit	18 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Grilled Cheese on WG, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit	Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers, Steamed Mixed Veggies, Fruit
French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots,	No School	No School	No School
30	31		Lunches provided by:
No School	No School		Getaway Café 3049 Sussex Ave @ McNeilly 412-343-1333 Director of Catering Services: Louis Manolios
	French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce  9 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce 16 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce 23 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. 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Maple Syrup, Steamed Carrots, Apple Sauce  16 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce  17 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce  18 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce  21 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  22 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  23 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  24 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  23 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  24 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  24 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  23 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  24 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  25 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  26 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  27 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  28 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  29 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  29 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  29 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  29 French Toast Sticks, Maple Syrup, Steamed Carrots, Apple Sauce  20 French Toast Sticks, Maple Syrup, Strawberry Bananar Yogurt, Steamed Carrots, Apple Sauce  20 French Toast Sticks, Maple Syrup, Strawberry Bananar Yogurt, Steamed Carrots, Apple Sauce  20 French Toast Sticks, Maple Syrup, Strawberry Bananar Yogurt, Steamed Carrots, Apple Sauce  21 French