

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
5 Baked Chicken Strips & Gravy, Green Beans, WG Bread, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Green Beans, Fruit	6 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	7 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit	8 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Salad w/Light Italian Dressing, Fruit	9 Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers, Steamed Mixed Veggies, Fruit
12 Chicken Stir Fry, Steamed Rice, WG Roll, Fresh Fruit ALT: Broccoli, Cheese & Rice Casserole, WG Bread, Fruit	13 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	14 Baked Chicken Nuggets, Waffle Fries, Corn, Graham Crackers, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Corn, Fruit	15 Hamburger on WG Bun Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Stuffed Shells w Ricotta Cheese & Marinara, Salad w/Light Italian Dressing, Fruit	16 Meatball Sub, Au Gratin Potatoes, Fruit ALT: Pizza Crunchers, Au Gratin Potatoes, Fruit
19 No School	20 No School	21 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Penne Pasta w/Marinara String Cheese, Corn, WG Bread, Fruit	22 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Grilled Cheese on WG, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit	23 Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers, Steamed Mixed Veggies, Fruit
26 Baked Chicken Strips & Gravy, Green Beans, WG Bread, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Green Beans, Fruit	27 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce	28 Baked Chicken Nuggets, Waffle Fries, Corn, Graham Crackers, Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit	29 Hamburger on WG Bun Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Salad w/Light Italian Dressing, Fruit	30 Meatball Sub, Au Gratin Potatoes, Fruit ALT: Pizza Crunchers, Au Gratin Potatoes, Fruit
				Lunches provided by: Getaway Café 3049 Sussex Ave @ McNeilly 412-343-1333 Director of Catering Services: Louis Manolios