LUNCH

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| All lunches include: <br> Protein, Fruit, Vegetable, Grain, 1\% White Milk or Fat Free Chocolate Milk |  |  |  |  |
| 1 <br> Baked Chicken Strips \& Gravy <br> Green Beans, WG Bread <br> Fruit <br> ALT: <br> Broccoli Cheese \& Rice Casserole, WG Bread Fruit | 2 <br> French Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: <br> French Toast Sticks Maple Syrup Strawberry Banana Yogurt Steamed Carrots Apple Sauce | 3 <br> Baked Chicken Nuggets <br> Tater Tots, Graham Crackers, Corn, Fruit <br> ATL: <br> Cheese Filled Bread Sticks Marinara Dipping Sauce Corn, Fruit | 4 <br> Hamburger on WG Bun Vegetarian Baked Beans Salad w/w/Light Italian Dressing, Fruit ALT: <br> Stuffed Shells w/Ricotta Cheese \& Marinara, WG Bread, Salad w/Light Italian Dressing, Fruit | 5 <br> Meatball Sub <br> Au Gratin Potatoes <br> Fruit <br> ALT: <br> Pizza Crunchers <br> Au Gratin Potatoes Fruit |
| 8 <br> Chicken Stir Fry <br> Steamed Rice, <br> WG Roll, Fruit <br> ALT: <br> Deep Dish Cheese Pizza, <br> Green Beans <br> Fruit | 9 <br> French Toast Sticks, Hard <br> Boiled Egg, Maple Syrup, <br> Steamed Carrots, Apple Sauce <br> ALT: <br> French Toast Sticks <br> Maple Syrup <br> Strawberry Banana Yogurt <br> Steamed Carrots <br> Apple Sauce | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |

