


LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All lunches include: <i>Protein, Fruit, Vegetable, Grain, 1% White Milk or Fat Free Chocolate Milk</i></p> 				<p>1 Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers Steamed Mixed Veggies Fruit</p>
<p>4 Baked Chicken Strips & Gravy Green Beans, WG Bread Fruit ALT: Broccoli Cheese & Rice Casserole, WG Bread Fruit</p>	<p>5 French Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks Maple Syrup Strawberry Banana Yogurt Steamed Carrots Apple Sauce</p>	<p>6 Baked Chicken Nuggets Tater Tots, Graham Crackers, Corn, Fruit ATL: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit</p>	<p>7 Hamburger on WG Bun Vegetarian Baked Beans Salad w/ w/Light Italian Dressing, Fruit ALT: Stuffed Shells w/Ricotta Cheese & Marinara, WG Bread, Salad w/Light Italian Dressing, Fruit</p>	<p>8 Meatball Sub Au Gratin Potatoes Fruit ALT: Pizza Crunchers Au Gratin Potatoes Fruit</p>
<p>11 Chicken Stir Fry Steamed Rice, WG Roll, Fruit ALT: Deep Dish Cheese Pizza, Green Beans Fruit</p>	<p>12 French Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks Maple Syrup Strawberry Banana Yogurt Steamed Carrots Apple Sauce</p>	<p>13 Baked Chicken Nuggets Waffle Fries, Graham Crackers Corn, Fruit ALT: Cheese Filled Bread Sticks Marinara Dipping Sauce Corn, Fruit</p>	<p>14 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Grilled Cheese on WG Bread, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit</p>	<p>15 Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers Steamed Mixed Veggies Fruit</p>
<p>18 Chicken Parmesan WG Bread, Green Beans Fruit ALT: Broccoli Cheese & Rice Casserole, WG Bread Fruit</p>	<p>19 French Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks Maple Syrup Strawberry Banana Yogurt Steamed Carrots Apple Sauce</p>	<p>20 Baked Chicken Nuggets Tater Tots, Graham Crackers Corn, Fruit ALT: Penne Pasta w/Marinara String Cheese Corn, WG Bread Fruit</p>	<p>21 Hamburger on WG Bun Vegetarian Baked Beans Salad w/ w/Light Italian Dressing, Fruit ALT: Cheese Filled Bread Sticks Marinara Dipping Sauce Salad w/Light Italian Dressing, Fruit</p>	<p>22 Meatball Sub Au Gratin Potatoes Fruit ALT: Pizza Crunchers Au Gratin Potatoes Fruit</p>
<p>25 No School</p>	<p>26 French Toast Sticks, Hard Boiled Egg, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks Maple Syrup Strawberry Banana Yogurt Steamed Carrots Apple Sauce</p>	<p>27 Baked Chicken Nuggets Waffle Fries, Graham Crackers Corn, Fruit ATL: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit</p>	<p>28 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Stuffed Shells w/Ricotta Cheese & Marinara, WG Bread, Salad w/Light Italian Dressing, Fruit</p>	<p>29 Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers Steamed Mixed Veggies Fruit</p>