

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Lunches provided by:</i> Getaway Café 3049 Sussex Ave @ McNeilly 412-343-1333 Director of Catering Services: Louis Manolios</p>	<p>All lunches include: <i>Protein, Fruit, Vegetable, Grain, 1% White Milk or Fat Free Chocolate Milk</i></p>	<p>Getaway Café uses Halal Beef, Halal Chicken & Kosher Cheese!</p>		
<p>3 Chicken Parmesan, WG Bread, Green Beans, Fruit ALT: Deep Dish Cheese Pizza, Green Beans, Fruit</p>	<p>4 No School</p>	<p>5 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Hummus & Pita Bread Vegetarian Grape Leaves Corn, Fruit</p>	<p>6 Hamburger on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Salad w/Light Italian Dressing, Fruit</p>	<p>7 Meatball Sub, Au Gratin Potatoes, Fruit ALT: Pizza Crunchers, Au Gratin Potatoes, Fruit</p>
<p>10 Baked Chicken Strips & Gravy, Green Beans, WG Bread, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Green Beans, Fruit</p>	<p>11 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce</p>	<p>12 Baked Chicken Nuggets, Waffle Fries, Corn, Graham Crackers, Fruit ALT: Penne Pasta w/Marinara String Cheese, Corn, WG Bread, Fruit</p>	<p>13 Beef Hot Dog on WG Bun, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Stuffed Shells w Ricotta Cheese & Marinara, WG Bread, Salad w/Light Dressing, Fruit</p>	<p>14 Beef over Noodles, Steamed Mixed Veggies, WG Bread, Fruit ALT: Pizza Crunchers, Steamed Mixed Veggies, Fruit</p>
<p>17 Chicken Stir Fry, Steamed Rice, WG Roll, Fresh Fruit ALT: Broccoli, Cheese & Rice Casserole, WG Bread, Fruit</p>	<p>18 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks. Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce</p>	<p>19 Baked Chicken Nuggets, Tater Tots, Corn, Graham Crackers, Fruit ALT: Cheese Filled Bread Sticks w/Marinara Dipping Sauce, Corn, Fruit</p>	<p>20 Hamburger on WG Bun Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit ALT: Grilled Cheese on WG, Vegetarian Baked Beans, Salad w/Light Italian Dressing, Fruit</p>	<p>21 No Lunch Half Day</p>
<p>24 Chicken Parmesan, WG Bread, Green Beans, Fruit ALT: Deep Dish Cheese Pizza, Green Beans, Fruit</p>	<p>25 French Toast Sticks, Scrambled Eggs, Maple Syrup, Steamed Carrots, Apple Sauce ALT: French Toast Sticks, Maple Syrup, Strawberry Banana Yogurt, Steamed Carrots, Apple Sauce</p>	<p>26 No Lunch Half Day</p>	<p>27 No School</p>	<p>28 No School</p>