

OCTOBER BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast includes: <i>Grains, Apple or Orange Juice, 1% White Milk or Fat Free Chocolate Milk</i>		1 Apple Cinnamon Cheerios, Graham Crackers Orange Juice Choice of Milk	2 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	3 Fruit Loops Cereal, Graham Crackers Apple Juice Choice of Milk
6 Frosted Flakes Cereal, Graham Crackers Orange Juice Choice of Milk	7 Breakfast Bar String Cheese, Apple Juice Choice of Milk	8 Scrambled Eggs Home Fries Ketchup Orange Juice Choice of Milk	9 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	10 Fruit Loops Cereal, Graham Crackers Apple Juice Choice of Milk
13 No School	14 Breakfast Bar String Cheese, Apple Juice Choice of Milk	15 Apple Cinnamon Cheerios, Graham Crackers Orange Juice Choice of Milk	16 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	17 Fruit Loops Cereal, Graham Crackers Apple Juice Choice of Milk
20 Frosted Flakes Cereal, Graham Crackers Orange Juice Choice of Milk	21 Breakfast Bar, String Cheese, Apple Juice Choice of Milk	22 Scrambled Eggs Home Fries Ketchup Orange Juice Choice of Milk	23 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	24 Fruit Loops Cereal, Graham Crackers Apple Juice Choice of Milk
27 Frosted Flakes Cereal, Graham Crackers Orange Juice Choice of Milk	28 Breakfast Bar, String Cheese, Apple Juice Choice of Milk	29 Apple Cinnamon Cheerios, Graham Crackers Orange Juice Choice of Milk	30 Breakfast Bar Strawberry Yogurt Apple Juice Choice of Milk	31 Fruit Loops Cereal, Graham Crackers Apple Juice Choice of Milk

