

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
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| <p><i>Lunches provided by:</i><br/> <b>Getaway Café</b><br/>                     3049 Sussex Ave @ McNeilly<br/>                     412-343-1333<br/>                     Director of Dining Services:<br/> <b>Louis Manolios</b></p>  | <p><b>All lunches include:</b><br/> <i>Protein, Fruit, Vegetable,<br/>                     Grain, 1% White Milk or<br/>                     Fat Free Chocolate Milk</i></p> <p><b>Getaway Café uses all<br/>                     Halal Beef &amp; Chicken</b></p>  | <p><b>27</b><br/>                     Baked Chicken Nuggets,<br/>                     Tater Tots, Corn, Graham<br/>                     Crackers, Fresh fruit<br/> <b>ALT:</b><br/>                     Hummus &amp; Pita Bread<br/>                     Vegetarian Grape Leaves<br/>                     Corn, Fresh Fruit</p>       | <p><b>28</b><br/>                     Beef Hot Dog on WG Bun,<br/>                     Vegetarian Baked Beans,<br/>                     Salad w/Light Dressing, Fresh<br/>                     Fruit<br/> <b>ALT:</b><br/>                     Stuffed Shells w Ricotta Cheese<br/>                     &amp; Marinara, Salad w/Light<br/>                     Dressing, Yogurt Cup, Fresh<br/>                     Fruit</p>                                 | <p><b>29</b><br/>                     Meatball Sub, Au Gratin Potatoes,<br/>                     Grape Tomatoes &amp; Cucumbers,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     Pizza Crunchers,<br/>                     Au Gratin Potatoes, Tomato &amp;<br/>                     Cucumbers, Fresh Fruit</p>                        |
| <p><b>1</b><br/><br/> <b>No School</b></p>  | <p><b>2</b><br/>                     French Toast Sticks,<br/>                     Scrambled Eggs, Maple<br/>                     Syrup, Steamed Carrots,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     French Toast Sticks. Maple<br/>                     Syrup, Strawberry Banana<br/>                     Yogurt, Steamed Carrots,<br/>                     Fresh Fruit</p>     | <p><b>3</b><br/>                     Baked Chicken Nuggets,<br/>                     Waffle Fries, Corn, Graham<br/>                     Crackers, Fresh Fruit<br/> <b>ATL:</b><br/>                     Cheese Filled Bread Sticks<br/>                     w/Marinara Dipping Sauce,<br/>                     Corn, Fresh Fruit</p> | <p><b>4</b><br/>                     Hamburger on WG Bun<br/>                     Vegetarian Baked Beans,<br/>                     Salad w/Light Italian Dressing,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     Grilled Cheese on WG,<br/>                     Vegetarian Baked Beans, Salad<br/>                     w/Light Italian Dressing, Fresh<br/>                     Fruit</p>                                    | <p><b>5</b><br/>                     Beef over Noodles, Tomato &amp;<br/>                     Green Peppers, Light Italian<br/>                     Dressing, WG Bread, Fresh Fruit<br/> <b>ALT:</b><br/>                     Pizza Crunchers, Tomato &amp;<br/>                     Green Peppers, Light Italian<br/>                     Dressing, Fresh Fruit</p>  |
| <p><b>8</b><br/>                     Chicken Parmesan,<br/>                     WG Bread, Steamed Carrots,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     Deep Dish Cheese Pizza,<br/>                     Steamed Carrots, Fresh Fruit</p>   | <p><b>9</b><br/>                     French Toast Sticks,<br/>                     Scrambled Eggs, Maple<br/>                     Syrup, Steamed Carrots,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     French Toast Sticks. Maple<br/>                     Syrup, Strawberry Banana<br/>                     Yogurt, Steamed Carrots,<br/>                     Fresh Fruit</p>     | <p><b>10</b><br/>                     Baked Chicken Nuggets,<br/>                     Tater Tots, Corn, Graham<br/>                     Crackers, Fresh fruit<br/> <b>ALT:</b><br/>                     Zucchini Parmesan, Corn,<br/>                     WG Bread, Fresh Fruit</p>   | <p><b>11</b><br/>                     Beef Hot Dog on WG Bun,<br/>                     Vegetarian Baked Beans, Salad<br/>                     w/Light Italian Dressing, Fresh<br/>                     Fruit<br/> <b>ALT:</b><br/>                     Cheese Filled Bread Sticks<br/>                     w/Marinara Dipping Sauce,<br/>                     Salad w/Light Italian Dressing,<br/>                     Fresh Fruit</p>                        | <p><b>12</b><br/>                     Meatball Sub, Au Gratin Potatoes,<br/>                     Grape Tomatoes &amp; Cucumbers,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     Pizza Crunchers,<br/>                     Au Gratin Potatoes, Tomato &amp;<br/>                     Cucumbers, Fresh Fruit</p>                        |
| <p><b>15/29</b><br/>                     Baked Chicken Strips &amp; Gravy,<br/>                     Steamed Broccoli, WG Bread,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     Cheese Filled Bread Sticks<br/>                     w/Marinara Dipping Sauce,<br/>                     Steamed Broccoli, Fresh Fruit</p> | <p><b>16/30</b><br/>                     French Toast Sticks,<br/>                     Scrambled Eggs, Maple<br/>                     Syrup, Steamed Carrots,<br/>                     Fresh Fruit<br/> <b>ALT:</b><br/>                     French Toast Sticks. Maple<br/>                     Syrup, Strawberry Banana<br/>                     Yogurt, Steamed Carrots,<br/>                     Fresh Fruit</p> | <p><b>17</b><br/>                     Baked Chicken Nuggets,<br/>                     Waffle Fries, Corn, Graham<br/>                     Crackers, Fresh Fruit<br/> <b>ALT:</b><br/>                     Hummus &amp; Pita Bread<br/>                     Vegetarian Grape Leaves<br/>                     Corn, Fresh Fruit</p>     | <p><b>18</b><br/>                     Hamburger on WG Bun<br/>                     Vegetarian Baked Beans,<br/>                     Salad w/Light Italian Dressing,<br/>                     Cucumber Slice, Fresh Fruit<br/> <b>ALT:</b><br/>                     Stuffed Shells w Ricotta Cheese<br/>                     &amp; Marinara, Salad w/Light Italian<br/>                     Dressing, Cucumber Slice,<br/>                     Fresh Fruit</p> | <p><b>19</b><br/>                     Beef over Noodles, Tomato &amp;<br/>                     Green Peppers, Light Italian<br/>                     Dressing, WG Bread, Fresh Fruit<br/> <b>ALT:</b><br/>                     Pizza Crunchers, Tomato &amp;<br/>                     Green Peppers, Light Italian<br/>                     Dressing, Fresh Fruit</p> |
| <p><b>22</b><br/>                     Chicken Stir Fry, Steamed Rice,<br/>                     WG Roll, Fresh Fruit<br/> <b>ALT:</b><br/>                     Vegetable Stir Fry, Steamed<br/>                     Rice, WG Roll, Fresh Fruit</p>   | <p><b>23</b><br/>                     French Toast Sticks,<br/>                     Scrambled Eggs, Maple<br/>                     Syrup, Steamed Carrots,<br/>                     Fresh Fruit<br/> <b>ALT:</b> French Toast Sticks,<br/>                     Maple Syrup, Strawberry<br/>                     Banana Yogurt, Steamed<br/>                     Carrots, Fresh Fruit</p>                             | <p><b>24</b><br/>                     Baked Chicken Nuggets,<br/>                     Tater Tots, Corn, Graham<br/>                     Crackers, Fresh fruit<br/> <b>ALT:</b><br/>                     Cheese Filled Bread Sticks<br/>                     w/Marinara Dipping Sauce,<br/>                     Corn, Fresh Fruit</p>  | <p><b>25</b><br/><br/> <b>No School</b></p>   | <p><b>26</b><br/>                     Meatball Sub, Au Gratin<br/>                     Potatoes, Grape Tomatoes &amp;<br/>                     Cucumbers, Fresh Fruit<br/> <b>ALT:</b><br/>                     Pizza Crunchers,<br/>                     Au Gratin Potatoes, Tomato &amp;<br/>                     Cucumbers, Fresh Fruit</p>                        |